# Parish News

For the Benefice of Chillaton, Coryton, Dunterton, Lamerton, Marystowe, Milton Abbot and Sydenham Damerel





Lent begins Ash Wednesday, 1st March Mothering Sunday, 26th March

**March 2017** 



Price: £1

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### **Diary Dates**

#### March 2017

- 3 MESSY CHURCH, St Peter's Church, Lamerton, 3.30 5.30pm
- 4 MILTON ABBOT VILLAGE COFFEE MORNING, Village Hall, 10.30 12.00
- 4 LAMERTON COFFEE MORNING, Lamerton Community Centre, 10.30 12.00
- 7 LAMERTON BINGO, Lamerton Community Centre, 8.00pm
- 8 LENT COURSE, Greenhill Bungalow, Lamerton, 7.30 9.30pm
- 9 MADAGASCAR TALK, Priest's Room, Lamerton, 7.30pm
- 11 MILTON ABBOT VILLAGE COFFEE MORNING, Village Hall, 10.30 12.00
- 13 MILTON ABBOT BINGO, Village Hall, 7.30pm
- 14 MAGAZINE DEADLINE for April edition
- 15 LENT COURSE, Greenhill Bungalow, Lamerton, 7.30 9.30pm
- 18 MILTON ABBOT VILLAGE COFFEE MORNING, Village Hall, 10.30 12.00
- 18 LAMERTON COFFEE MORNING, Lamerton Community Centre, 10.30 12.00
- 21 LAMERTON BINGO, Lamerton Community Centre, 8.00pm
- 22 LENT COURSE, Greenhill Bungalow, Lamerton, 7.30 9.30pm
- 25 MILTON ABBOT VILLAGE COFFEE MORNING, Village Hall, 10.30 12.00
- 29 LENT COURSE, Greenhill Bungalow, Lamerton, 7.30 9.30pm

#### April 2017

- 1 MILTON ABBOT VILLAGE COFFEE MORNING, Village Hall, 10.30 12.00
- 1 LAMERTON COFFEE MORNING, Lamerton Community Centre, 10.30 12.00
- 2 DUNTERTON HC SERVICE AND BEE TALK, Dunteron church, 10.00am
- 4 LAMERTON BINGO, Lamerton Community Centre, 8.00pm

#### PARISH MAGAZINE SCHEDULING

The magazine will now be issued every **two** months i.e. April+May, June+July, August+September, October+November, December+January. The magazine will have extra pages, as necessary, and contributors will have to remember to submit in time to cover two months.

#### See safeguarding notice - inside back cover!

March church services are on the back cover; Bible Readings are on page 8 For services in the Lifton Benefice, see page 20

#### The letters of John and Jude

Although the three letters of John are addressed to specific churches in it is not known where these were located, nor does the writer identify himself. He obviously was a person in au-

thority and status in the early church as he writes expecting that his teaching will be accepted and followed. He claims to have first hand experience of the ministry of Christ.

"we proclaim to you what we have seen and heard, so that you may also have fellowship with us. And our fellowship is with the Father and His Son Jesus Christ. We write this to make our joy complete" 1.3-4 of John's first letter

The letters have close similarities with John's Gospel and thus are considered to have been written by John the Apostle, brother of James. The overall theme of the letters is to guard against false teaching.

In his first letter John is in opposition to false teaching and clearly claims that Christ was a real human being and that believers should 'walk in the Light of God' not deceiving themselves by saying that they have no sin and must love not only God but each other:

" if we say we have no sin we deceive ourselves and the truth is not in us. But if we confess our sins He is faithful and just to forgive our sins and cleanse us from all unrighteousness "1.8-9

and also incidentally one of the optional penitential sentences at the beginning of the 1662 prayer book services of morning and evening prayer states:

"the message we heard from the very beginning is this: we must love one

another " 3.11

The second letter of just 13 verses states that it is written by the 'elder "to the dear lady and to her children" verse 1, which probably means a local church and its members. The brief message is also an appeal to love one another and warns against false teachers.

The third letter is also from 'the elder' to a church leader named Gaius who is praised because of his help to fellow Christians and for providing a warning against a man named Diotrephes. Both the second and third letters conclude with the writer hoping to see and talk personally to them soon.

The letter of Jude is also brief. He identifies himself "*a servant of Jesus Christ and brother of James*". The writer is obviously not Judas Iscariot nor it seems Jude the Apostle, but one of the 'brothers' of Christ listed in Matthew 13: 55 and Mark 6.3. and who, like his brothers James, Joseph and Simon, were not believers until after the resurrection of Christ. The central theme of Jude's letter is the danger posed by false teaching in general and specifically that Christians are free to do anything they please by following "*these men, grumblers and fault finders, who follow their own evil desires*" verse 16

It is interesting to note that all four letters warn against false teaching, which equally applies now as it did in the early church.

Ian Silcox Reader



#### Geoffrey Willetts 14<sup>th</sup> April 1924 – 23<sup>rd</sup> December 2016



A memorial service for Geoff Willetts was held at Milton Abbot church on 27th January. The service was a true celebration of Geoff's life and was attended by the parishioners of Milton Abbot Benefice and representatives from his many, lifelong activities as teacher at Tavistock College, Probus member, gardening club member and lay Reader. The Reverend Andy Atkins gave an inspired and highly appropriate eulogy and reading. We all enjoyed singing some of Geoff's favourite hymns,

despite to a different tune - but probably of a lower, more manageable key! Geoff had suggested the hymns to Peter whilst at the care home and Peter played to him there.

The service was completed with refreshments in the village hall. Geoff did like his cake and 'jammy dodgers'.

As editor, I am missing Geoff and his contributions as Tiglath and the Rural Pulpit; also Digger - but am grateful to Ian Silcox and Doug who have stepped in.

Here is another tribute to Geoff:

'I first met Geoff when I was church warden at St Peter's, Lamerton, when Geoff joined Rev Greg Stanton's ministry team. Over the years a great friendship grew, so much so it was a great pleasure to have and Geoff and Julies' presence at our daughter's wedding.

I used to visit Geoff at his bungalow where we would talk about gardening amongst other things and he would show me his greenhouse and beloved garden shed, which contained his model railway.

I was very fortunate to be with Geoff when Bishop Robert and Rev. Andy came to visit him at Abbotsfield. He was extremely delighted to think he had taken time out of his busy schedule. God bless Geoff - a great friend and true gentleman.

Jim Crockford

#### From the Psalms.....

'I lift up my eyes to the hills - from where will my help come?

My help comes from the LORD who made heaven and earth.' Psalm 121:1 - 2



Dear Friends,

## IN A QUIET PLACE ....

This February it is eleven years since Sheila and I spent a week on the Sinai Peninsula yet we still treasure many special recollections of that week. Those recollections range from the 'painful' (have *you* ever ridden a camel?), to the 'awe-inspiring' (the grandeur, the vastness and the desolation of the desert). From the 'humbling' (the 1,500 unbroken years of Christian worship and service at the monastery of St.Catherine on Mount Sinai), to a sense of 'belonging' (there was fellowship by spending the week with some good friends). Finally, but perhaps most significantly the whole experience was truly 'inspiring'...

We found great inspiration in the sheer silence of the desert. On more than one occasion, as we were being led through the desert by our guide, an Egyptian Christian named Mosat (translated as Moses!), we were encouraged to stop and to be completely still. The *deafening silence* of the desert was incredible ...

That experience of the silence of the desert has proved itself to be one of the most refreshing experiences I have ever known. It has reminded me of the need

and the value of stillness and quiet – precious commodities in our society, and I have become more clearly aware that *whatever* I might endeavour to do, there is no better preparation than first committing it to God in silence, in stillness and in prayer.

We are about to enter into the season of Lent – a journey of six weeks that will bring us to the greatest of all destinations - the Festival of Easter. The season of Lent enables us to remember the forty days when Jesus was out in the desert where he found his Father in the silence of that place. Jesus went there to be strengthened and to commit to God his coming ministry. On Good Friday another kind of silence will be remembered – the silence of the grave; when Jesus was dead. But in the silence and stillness of his tomb new life was gestate, the victory of East-

er was born in the silence of the tomb!

We are constantly being bombarded with noise; our attention is incessantly demanded by a noisesome and often intrusive media, by the clamour of unrest, and terror, by the demands of an impatient society and by expectations made on us by others. For some people, silence and



The vast stillness of the desert

stillness may be both unfamiliar and frightening – but this need not be so! Real silence need not be loneliness; stillness need not be inactivity; rather these can be experiences that will remind us of the closeness of a loving God and perhaps just possibly create a chance for us to hear his voice and to realise his guidance, so that we may be better able to cope with all the commotion of modern living.

I encourage you to make a deliberate time to be quiet at some point every day, even if only for a few minutes, not only during Lent, but always ... and see the difference it makes...

With every good wish for Lent and for Easter when it comes.

in racon

Don't forget!

#### **The Passion Play**

Bedford Square, Tavistock on Good Friday, 14th April at 11am.

Do come and support this special event and join in with the crowd scenes. All welcome



For more information and to join in, contact Annie Jefferies 01822 614178

#### Lent Course

Lent begins on Ash Wednesday, 1st March.

Rev Andy is delivering a Lent course consisting of 5 sessions, held at Greenhill Bungalow, Lamerton.

The first begins on **Wednesday 8th March**, 7.30 - 9.30pm and every following Wednesday. This year it is based upon 'The King's Speech'. *Do come along!* 

For more information, see page 9

Lamerton Annual Parochial Church Meeting Priest's Room, Lamerton Tuesday 4th April 7.30pm All parishioners are welcome to attend

<b>BIBLE READINGS (Year A)</b>					
Please use the readings published in the Parish Magazine and your own bibles.					
DATE	1 <sup>st</sup> READING	2 <sup>ND</sup> READING	GOSPEL		
Wednesday 1st March Ash Wednesday (Purple)	Joel 2:1 - 2 12 - 17	2 Corinthians 5:20b - 6.10	Matthew 6:1 - 6, 16 - 21		
Sunday 5th March Ist Sunday of Lent (Purple)	Genesis 2:15 - 17, 3:1 - 7	Romans 5:12 - 19	Matthew 4:1 - 11		
Sunday 12th March 2nd Sunday of Lent (Purple)	Genesis 12:1 - 4a	Romans 4:1 - 5, 13 - 17	Matthew 17:1 - 9		
Sunday 19th March 3rd Sunday of Lent (Purple)	Exodus 17:1 - 7	Romans 5:1 - 11	John 4:5 - 42		
Sunday 26th March Mothering Sunday (Purple)	Exodus 2:1 - 10	2 Corinthians 1:3 - 7	Luke 2:33 - 35		

The readings are ended with '*This is the Word of the Lord*' (used during services of HC) or, during other services '*Here ends the lesson (or 1st reading or 2nd reading*)'. The response is '*Thanks be to God*'.

## United Benefice Lent Course





Lent is traditionally a time of renewal; when Christians spend time in prayer, reflection and study, in preparation for Easter. Easter is the greatest of all Christian celebrations.

We will meet at Greenhill Bungalow in Lamerton, for relaxed and informal discussions, including refreshments. The only cost to you will be £5 for the course booklet.

We will meet on Wednesday evenings between 7:30pm – 9:30pm.

If you have not seen, or would like to see the film again, I have a copy which can be borrowed prior to the 8th March.

#### Wednesday 8th, 15th, 22nd, 29th March & 5th April

Please do come along, even if you can only make 1 or 2 evenings, we would love to see you!

If you would like to book a place on this year's Lent course or you have any queries please call Rev. Andy Atkins tel: 01822 870298 or e-mail: revandymiltonabbot@gmail.com



### A CHILD'S FOOTSTEPS TO FAITH

#### The Thirst Quencher

Many of you probably play some kind of sports. If so, you know that when you are exercising, it is very important to take in plenty of liquids. The question is, what kind of liquids should you drink? Ordinary water, of course, is a good choice, but when you go to the store, the shelves are full of all kinds of sports drinks, energy drinks, and flavoured water. It is hard to know what is best.

The advertisement for one popular brand of sports drink says, "It's better than water, juice, or any other drink. It gives your body what it is thirsty for! It gets you going and keeps you going."

Wow! They have me convinced, but one thing I have noticed -- in all of the claims made, not once have they ever claimed that if you drink their product, you would never be thirsty again. If somebody had a drink that would do that, they would really have something, wouldn't they? Well, Jesus claimed to have that very thing!

One day Jesus was walking through a town in Samaria. He was hot and tired so he sat down beside a well to rest. A woman came to the well to get some water and Jesus asked her if she would give him a drink. The woman was surprised that Jesus spoke to her because Jews would not usually speak to Samaritans. She said to him, "Why do you ask me for a drink since



you are a Jew and I am a Samaritan?"

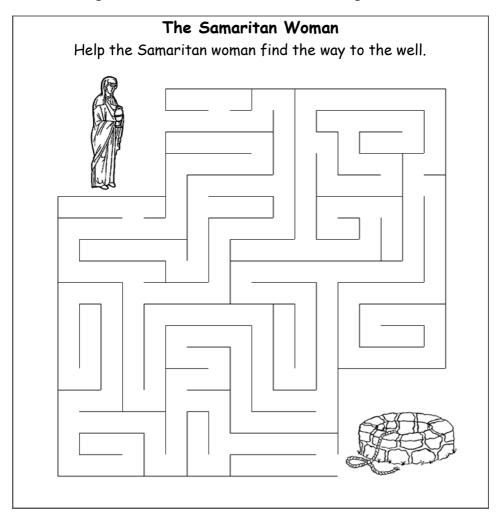
Jesus answered and said, "If you knew who was asking you for a drink, you would ask him for a drink and he would give you living water."

The woman replied, "You don't even have anything to get water in, how can you give me living water?"

Then Jesus said, "Whoever drinks from the water from this well will be thirsty again, but whoever drinks the water I give him will never thirst again."

Wow! Water that would satisfy your thirst so that you would never be thirsty again! Jesus wasn't talking about our thirst for water from a well, he was talking about our thirst for God. The Bible teaches us that we have a thirst in our heart for the living God -- and that is a thirst that only Jesus can satisfy. So when we have Jesus in our heart, he satisfies our thirst for God and we will never thirst again! Jesus is life! Drink it up!

Dear Lord, you have given us Jesus, the Living Water. May we drink of that Living Water so that we will never thirst again. Amen.





An Evening for Julie Gale 斗

Milton Abbot Players are organising a supper show to celebrate the memory of Julie Gale. All proceeds will go towards the Milton Abbot Village Hall door fund. There will be a delicious meal followed by an entertaining show. We are all looking forward to an evening of shared memories, fun and lots of laughter.

#### Saturday 8<sup>th</sup> April, 7.30pm Milton Abbot Village Hall

Tickets £10 to include food and entertainment (bring your own drinks) 80 tickets only are available so book early to avoid disappointment

To book, call 01822 612451



Friends of Lamerton School - Fab Fry Up!

Lamerton Community Centre

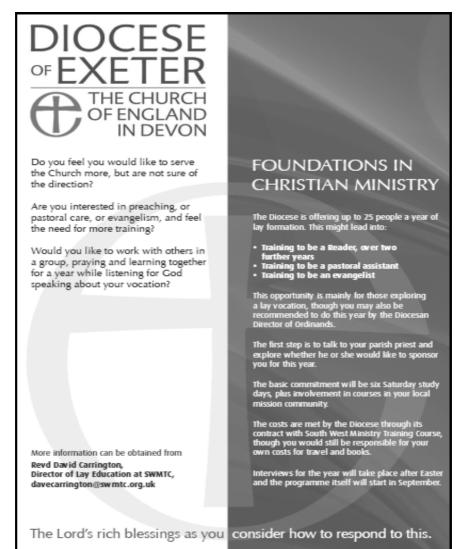
Saturday 11th March 2017

9am – 12 midday

Adult, Child and Farmer's breakfast available to buy from our 'Pop-up Café'

Come and join us!

All funds raised go towards supporting our children at school



#### Special visitor leading service at Marystowe Church.

The Very Reverend Dr Christopher Hardwick, the vicar of Tavistock church, will be joining us at Marystowe Church on **Sunday 19<sup>th</sup> March, 9.30am** 

to lead morning Prayer and preach. Please do come along to support Marystowe church and make Christopher feel welcome.



#### LAMERTON CHURCH BELL RINGERS NICOLA'S XMAS CRACKER SATURDAY, 7<sup>TH</sup> JANUARY, 2017

It might seem an unusual title but Nicola Blowey (past Vice Captain of the team) first talked about a

Xmas Trip and an evening meal 4 years ago. Since then this has become an annual event, but with Nicola now working away in New Zealand and unable to organize things, Peter Crockford and Geoff Hill decided to fix one up instead. Cornwall was the venue on the 7<sup>th</sup> January, 2017 with the first tower

Cornwall was the venue on the 7<sup>th</sup> January, 2017 with the first tower at St Teath just south of Camelford. The six bells were soon up and ringing and after an enjoyable hour the next venue was St Endelion. These bells are superb and some outstanding ringing was achieved here. The next tower was St Minver which possess a new ring of six bells installed only a few years into the new millennium. They were cast by Messrs John Taylor and Co of Loughborough and go like tops!!! They must rank as one of the finest ring of 6 bells in Cornwall.

The final Church was Egloshayle, Wadebridge where we were met by Revd John Harewood, Priest and Ringer himself. The highlight here had to be the final peal on the bells with Father John ringing with us on this superb octave of bells. After thanking Father John for his hospitality, and inspecting his historic set of handbells, the team made their way to The Slades House Inn, Wadebridge for a superb meal. The evening concluded with the presentation of a card and table bell to Dave Perkin in celebration of his forthcoming 80<sup>th</sup> Birthday. Congratulations Dave, and many more years ringing. The evening concluded with thanks to Pete and Geoff.

#### Nature Notes by Bluebell - March 2017



March 21st marks the Spring Equinox. When the sun shines between the wind and the rain, Bluebell see a sparkle on the grass and knows that spring will come before too long. Wonderful glowing white sheets of snowdrops appear now in February.



Now, between Christmas and Easter, comes Lent, and Bluebell has seen the oddest sight! A little robin redbreast, a "Christmas robin", dancing up and down in front of a large rabbit, an "Easter Bunny"! In Bluebell's garden! The robin rapidly flew up and down off the ground vertically, rising and dropping, beating its wings just about 12 inches in front of the rabbit, in a most elaborate and startling threat display. The rabbit stayed completely still. The robin did not strike the rabbit. Bluebell has not seen the rabbit since, though Lily

and Ziggy continue to quarter the garden with hope in their breasts. At this time of year the robin is not yet protecting a nest, he must have been defending his territory, singing his war cry and flaunting his red breast like war paint. Robins have been known to attack other robins as rivals or intruders in their territories, and (mistakenly?) other small birds, such as dunnocks, wagtails, and tits. The rabbit was so many times larger it seems impossible that the robin should have confused it with another small brown bird. Robins are known to be able to recognise other individual robins, their mates, and even individual humans. (*The Life* 

*of the Robin, David Lack 1965).* Why did it see the rabbit as an intruder to be fiercely repulsed?

Another bird that Bluebell has seen frequently this month, while the trees are bare of leaves, is the Great Spotted Woodpecker. These birds have been increasing quietly in number and range in the last thirty or so years, probably with the increase in garden bird feeding. They are now reasonably common, though still unusual enough to be a bit of a thrill, with their beautiful deep blush pink vent and trousers, creamy white underparts, and smart black and white spots, patches and barring on backs and wings, and the male's crimson nape patch. They hollow out rotten wood for a new nest each season. Their sharp cry can be heard in the trees, in early spring,, and the drumming of their beaks on hollow wood, at a frequency of 5-20 strikes per half second which sets up the appropriate resonance in the timber.



(Birds Britannica; Mark Cocker and Richard Mabey London 2005)

#### GARDEN NOTES BY DOUG



Time to wake up the dahlias - well, soon anyway, although you're probably wandering lonely as a cloud and not thinking

about dahlia tubers. Or, your head's in the apple trees or lost in the wisteria; pruning? Or, maybe admiring the

gorgeous primulas? Not to mention the *narcissus* those trumpets of gold! Now, who would they remind you of? *Trumpettes*, maybe? Another lovely bit of yellow appearing in my garden is the witch hazel. These *Hamamellis* really are superb plants in the spring. They are very bardy and

superb plants in the spring. They are very hardy and will thrive in Devon provided the ground is not too



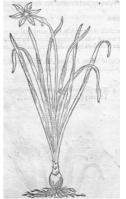
waterlogged. A row of half a dozen would give a gorgeous short deciduous hedge. Of course, I only have one.

How many times have you bought a plant in a garden centre only to see it rather lost in amongst the other plants in your border? All too often I've bought single plants and then realised I need a critical mass to make a display – perhaps 3 or 5 in a group. The price tag is often a restraint. Well, reach for that seed catalogue. You'll get 10 times the plants you need but you can always give them away, sell for charity or, at the very worst, chuck the extras on the compost heap.

It's a good time to take cuttings from old chrysanthemums. If taken from close to the roots they will be much more vigorous and successful than the parent plant. It's also a good time to propagate by layering – perhaps I should do that with the witch hazel? If you can get on top of the garden now great

benefits will follow. It's a good time – if it's dry – to mow the lawn or, in my case, try to frighten the moss with the whirling of blades. Oh, and if you have a greenhouse, or cold frame, or sunny windowsill, sow some salad leaves. They'll beat the supermarket ones and be free (almost).

But, relax, spring is coming ..... For oft, when on my couch I lie In vacant or in pensive mood, They flash upon that inward eye Which is the bliss of solitude; And then my heart with pleasure fills, And dances with the daffodils.



Narcissus serotinus, John Gerard, The Herball 1597

#### To all Gardeners and plant lovers

Helen Tworkowski and her friends will be selling plants at the Lamerton Coffee Morning (10.30 - 12.00) on the following dates:-Saturday 29th April Saturday 13th May Saturday 27th May

Everybody is welcome and proceeds will go to Cancer Research. Thank you for your support



Friends of Lamerton School Easter Bingo

Lamerton Community Centre

Friday 24th March 2017

Starts at 7.00pm

Refreshments and Raffle

(No unaccompanied under 18s please)

Come and join us!

*Lewdown Past* The Lewdown and area Local History Group

Everyday Life (especially food) at Sydenham House 1550 – 1650

An illustrated talk by Todd Gray MBE

Tuesday 21st March at 7.30 pm Stowford Parish Hall

Forget the 'big events' in history and find out more about what local people ate (particularly), and did, four hundred or so years ago, based on some extensive records of domestic life at Sydenham House, Marystow.

Non-members are welcome to join us (£3 includes light refreshments) but please phone Hilary or Mary on 01566 783396 or 783567 to check there has not been a rare change of programme, or for further information.



Mount Kelly Choral Society

Musical Director – Julian Jensen

## MESSIAH

By

G. F. HANDEL

With professional soloists and orchestral accompaniment

Saturday 25<sup>™</sup>. March 2017 at 7.30pm St Eustachius' Parish Church,

#### Tavistock

Entry by programme £10/free to under 18s

Available from Book Stop and Ward & Chowen Estate Agents or on the door

www.kellychoralsociety.com





## Madagascar

## Island of Mysteries

An illustrated talk by Sally Atkinson

Thursday March 9th at 7.30pm

The Priest's Room, Lamerton

Donations in aid of Sightsavers

Light refreshments provided

## Charity coffee and cake open house

10.30am – 1.00pm Saturday 20<sup>th</sup> May at No.1, Court Barton Mews, Lamerton

Lots of various cakes and raffle to raise funds for Lucy to help build infrastructures with communities in Peru

No set price just donations on the day please!



### WORSHIP IN THE LIFTON BENEFICE

St.Mary, Lifton. St.Nicholas, Broadwoodwidger. St.Peter, Lewtrenchard St.Mary, Kelly. St.John the Baptist, Stowford. St.George, Thrushelton Holy Communion every Wednesday, 10.30am at St.Mary's, Lifton

SERVICES in MARCH 2017

SERVICES III MARCH 2017						
	9.45am unle	ss stated different	11.15am unless stated different			
Wed 1st. Ash Wed	7.30pm Holy Communion for the beginning of Lent At LIFTON (With the imposition of Ashes)					
5th. Lent 1	<u>10.00am</u> "	10.00am "Together at Ten" at LIFTON CHURCH Communion for the whole Benefice				
12th Lent 2	Lifton Thrushelton - Broadwood -	<ul> <li>Holy Communion</li> <li>Holy Communion</li> <li>Morning Prayer</li> </ul>	Lewtrenchard - Stowford -	Holy Communion Holy Communion		
19th Lent 3	Lifton - Kelly -	Morning Prayer Holy Communion	Stowford -	Holy Communion		
26th Mothering	Lifton - Thrushelton -	Holy Communion Morning Prayer	Broadwood - Lewtrenchard -	Holy Communion Holy Communion		

#### SERVICES in APRIL 2017 including HOLY WEEK

	9.45am unless stated different 11.15am unless stated different						
2nd Lent 5	10.00am "Together at Ten" at LEWTRENCHARD CHURCH Inc: A Dramatised Reading of The Passion Gospel						
9th Palm Sunday	Lifton - Holy Communion Thrushelton - Holy Communion Broadwood - Morning Prayer						
13th Maundy Thur	·····						
14th Good Friday	10.30am         Good Friday Ecumenical Service at Liftondown           Methodist Church after Walk of Witness from Strawberry Fields         (Gather at Strawberry Fields at 10.00am)           2.00pm         Devotional Hour at Thrushelton Church						
15th Easter Eve	8.00pm Service of "New Fire" and 1st Communion of Easter at Lewtrenchard Church						
16th Easter Day	8.00am         9.45am         Lifton         HC         11.15am         Kelly         HC           Stowford HC         9.45am         Thrushelton         HC         11.15am         Broadwood         HC						
23rd. Easter 2 <u>11.00am</u> "Everyone at Eleven" THRUSHELTON CHURCH Communion for the Benefice on St.George's Day, giving thanks for the Bells followed by Bring & Share Lunch at The Victory Hall							
30th. Easter 3	10.00am "Together at Ten" at STOWFORD CHURCH Communion for the whole Benefice						



#### Chillaton Women's Institute

Meet every 3rd Wednesday at the School Room Marystowe Church at 2.00pm Come and join us. Call Iris Griffiths 01822 860483 for information

NEW MEMBERS WELCOME

#### I amerton Women's Institute

Meetings are at Lamerton Sports and Community Centre, 2.00pm

7 Mar Citizens Advice Bureau, with Sue Lake

01822 870235

4 April Food and food waste, with Sheila West-Harling

New members are very welcome



#### ENDSLEIGH GARDENS

WHERE BEAUTIFUL TREES AND SHRUBS

COME FROM

#### citizens advice Torridge, North, Mid & West Devon

#### VOLUNTEERS NEEDED

Torridge, North, Mid and West Devon Citizens Advice require volunteer telephone/web chat advisers in their Okehampton and Tavistock offices. You will need:

- Good computer skills
- Excellent listening skills and an ability to deal with a variety of clients
- Available at least 1 day a week

EXPENSES AND FULL TRAINING PROVIDED

Interested? Please telephone 01237 426070

or email:- trainingofficer@ruraldevoncab.org.uk

Registered Charity Number 1068496 Company Number 3520698



#### Safeguarding in South Tamar Mission Community

#### Be safe, not sorry - Report it!

Are you concerned about the well-being or happiness of yourself or someone you know in the community? Whether it is a **child or adult** suffering from any kind of abuse or neglect, do not be shy. Come forward and speak in confidence to people who can help. We offer you a safe place to tell your story and take the matter further.

#### Contact:

- Julie Hibbert, Safeguarding Representative
- 01822 618221, safeguarding@southtamar.church
- The Rev. Andy Atkins, Vicar, Milton Abbot Benefice
  - 01822 870298, vicar@southtamar.church

If someone is in immediate danger, call 999

Childline 0800 1111; NSPCC Helpline 0808 800 5000

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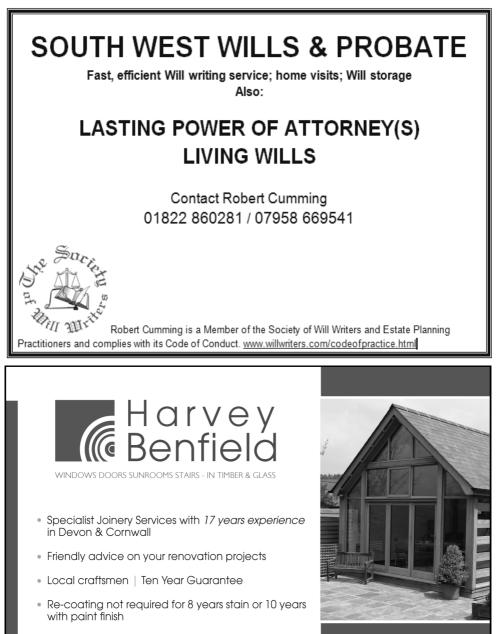
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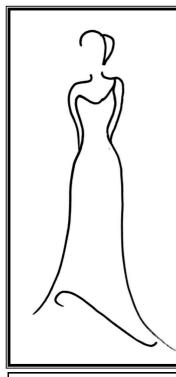
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#### citizens advice

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the charity for your community

The Citizens Advice bureau in Tavistock is now open **3 days a week.** Do drop in for help and information with debt, benefits, housing, consumer issues and any other problems you may have.

#### **Tavistock Bureau**

Kingdon House, North Street Tavistock PL19 OAN

Mondays: 10.00am - 2.00pm

Wednesdays: 10.00am - 2.00pm

Fridays: 10.00am - 2.00pm

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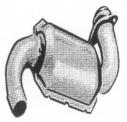
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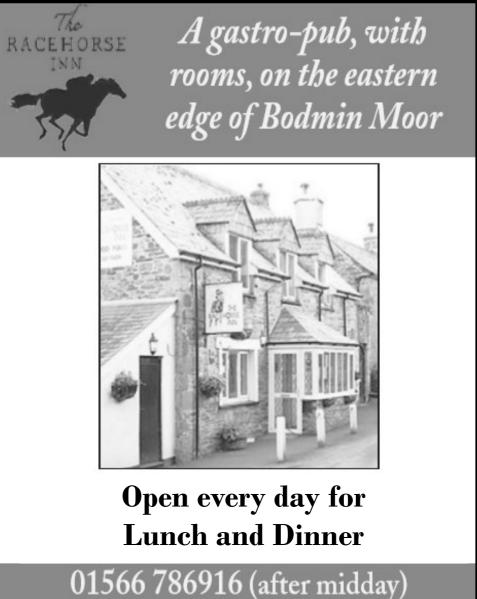
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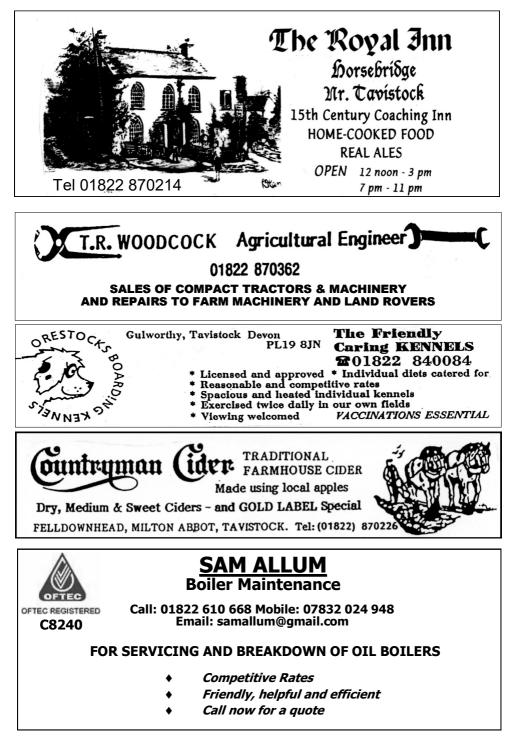
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#### 117 TAVISTOCK - CHILLATON - LAUNCESTON - MILTON ABBOT - TAVISTOCK EVERY TUESDAY

Tavistock Bedford Square	1015	Tavistock Bedford Square	1330
Lamerton School	1023	Tavistock Hospital	1332
Chillaton Square	1035	Lamerton Blacksmith's	1337
Launceston Westgate arr. dep.	1103 1105	Milton Abbot Edgcumbe Arms	1349
Milton Abbot Edgcumbe Arms	1125	Launceston Westgate arr. dep.	1409 1411
Lamerton Blacksmith's	1132	Chillaton Square	1439
Tavistock Hospital	1138	Lamerton School	1450
Tavistock Bedford Square	1140	Tavistock Hospital	1455
		Tavistock, Bedford Square	1457

#### 114 TAVISTOCK-MILTON ABBOT-LAUNCESTON-CHILLATON-TAVISTOCK EVERY THURSDAY

0945	Tavistock Bedford Square	13.30
0948	Tavistock Hospital	1332
0954	Lamerton School	1339
1000	Chillaton Square	1348
1020	Launceston Westgate arr.	1413
1023	dep.	1415
1050	Milton Abbot Edgcumbe Arms	1432
1101	Lamerton Blacksmith's	1438
1106	Tavistock Hospital	1444
1109	Tavistock Bedford Square	1446
	0948 0954 1000 1020 1023 1050 1101 1106	0948Tavistock Hospital0954Lamerton School1000Chillaton Square1020Launceston Westgate arr.1023dep.1050Milton Abbot Edgcumbe Arms1101Lamerton Blacksmith's1106Tavistock Hospital

#### 94 TAVISTOCK - MILTON ABBOT - TAVISTOCK FRIDAYS (except bank holidays)

Tavistock Bus Station	0935	Tavistock Bus Station	1240
Lamerton, Blacksmith's	0943	Lamerton, Village	1247
Milton Abbot Edgcumbe Arms	0950	Milton Abbot Edgcumbe Arms	1255
Lamerton Village	0957	Lamerton Village	1302
Tavistock Bus Station	1005	Tavistock Bus Station	1310

#### SAFEGUARDING TRAINING

Thanks to all who have attended the Okehampton courses and those planning to attend courses in March.

The courses are delivered in modules:

C0 is a basic awareness course, to be delivered on-line in due course C1 is a foundation course in safeguarding

C2 is for leadership roles e.g. church wardens, bell captains, those delivering activities involving children.

#### Safeguarders, church wardens, those who help with children's (and/ or vulnerable adults') activities, servers and bell captains are required to attend.

Other volunteers working for the church are welcome too.

C1 runs from 10am - 12.45pm and C2 from 1.30pm - 4.30pm. Both are delivered on the same day.

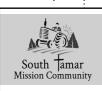
Dates for C1/C2 training are:

Thurs 9 March Exeter Weds 15 March Plymouth

If you wish to go on any of the courses call 01392 345 908 to book your place or contact Julie Hibbert 01822 618221 julie.hibbert3@btinternet.com

#### Julie Hibbert, Safeguarding Officer

To place an advert in the magazine contact Julie Hibbert, Editor, 01822 618221 or email julie.hibbert3@btinternet.com



### **Our New Church Web Site**

Details of services and events can be found on the website:

### http://www.southtamar.church

#### Advertising rates:

Advertising for 'one-off' local charities and events is free. 1/8 page: £18 per year, 1/4 page: £36 per year, 1/2 page: £72 per year Full page: £144 per year



From the editor's desk ...

Deadline for the April + May 2017 issue is : <u>Tuesday 14th March 2017</u>

### **CHURCH SERVICES** March 2017

Day	St Mary M. Sydenham Damerel	St Peter's Lamerton	All Saints' Dunterton	St Constan- tine Milton Abbot	St Mary the Virgin Marystowe	St Andrew's Coryton
Weds 1st March Ash Wednesday	United Benefice Service - all welcome 7.30pm Ash Wednesday Service, Priest's Room, Lamerton AA					
Sunday 5th March <i>Lent 1</i>		6.30pm Even- song AA/MJ			9.30am HC CW AA	
Sunday 12th March Lent 2	9.00am HC CW AA			11.00am HC CW AA		11.15am Matins BCP PH
Sunday 19th March <i>Lent</i> 3		11.00am HC CW AA			9.30am Family Service Morning praise	
Sunday 26th March Mothering Sunday	9.00am Matins BCP	9.30am Family Service AA/MG/AJ		11.00am HC CW M&AS		11.15am HC CW AA

BCP – Book of Common Prayer CW – Common Worship (Modern)