

Parish News

**For the Benefice of
Chillaton, Coryton,
Dunterton, Lamerton,
Marystowe,
Milton Abbot and
Sydenham Damerel**



The Foxes' wedding, by *Anita Townsend*

**A rain shower from a cloudless sky is known as a
sun shower or foxes' wedding day.**

**Happy 90th
Birthday,
your Majesty!**

**June 2016
Price: 60p**

RECTOR: **Rev Andrew Atkins** **01822 870298**

The Vicarage, The Parade, Milton Abbot PL19 0NZ;
Email: revandymiltonabbot@gmail.com

CHURCHWARDENS

Lamerton: Mike Jefferies 614178
Ian Minshull 810027

Milton Abbot: Rosie Culverhouse 870567
Sandra Dunbar 870218

Dunterton: Gerald Napier 870285
Arthur Vigars 870244

Sydenham Damerel: Ian Dingle, Portington Farm, Sydenham Damerel 870364

Marystowe: Barbara Dawe (01566)784797
Deborah Asbridge 860378

Coryton: Sylvia Andrews 820402
Richard Searight 860148

PCC SECRETARIES

Lamerton: Barbara Meikle 617229

Sydenham Damerel: (Barbara Meikle) 617229

Milton Abbot + Dunterton: Liz Padmore 870642

Marystowe: Guy Talbot 860314

Coryton: Josie Whitfield 860189

CHURCH TREASURERS

Lamerton: Mike Jefferies Church Avenue House, Lamerton 614178

Sydenham Damerel: Ian Dingle Portington Farm, Sydenham Damerel 870364

Milton Abbot: Gerald Napier 870285

Dunterton: Gerald Napier Glebe House, Dunterton 870285

Marystowe: Guy Talbot 860314

Coryton: Peter Newman (01566)783202

UNITED BENEFICE APPOINTMENTS

Safeguarding Officer Julie Hibbert 618221

Safeguarding Representatives Deborah Asbridge 860378

Rosie Culverhouse 870567

Josie Whitfield 860189

Vicar's Assigned Administrator Guy Talbot 860314

MAGAZINE

Editor: Julie Hibbert Penticton, Chollacott Lane, Tavistock 618221
PL19 9DD julie.hibbert3@btinternet.com

Advertisements: Mike Jefferies Church Avenue House, 614178
Lamerton, PL19 8RN
E-mail: mike.jefferies5@btinternet.com

CHURCH WEB SITE www.southtamar.church Email vicar@southtamar.church

PARISH COUNCILS

	Chairman	Tel.	Clerk	Tel.
Lamerton:	Mike Jefferies	614178	Ann Cole	810213
Milton Abbot group parish:	Peter Hough		Emma James	07742557982
Sydenham Damerel:	Tracy Windemer	870568		
	Denise Head	870450		

PRIMARY SCHOOLS

Lamerton C of E	Head Teacher: Melody Nicholls	Tel. 613561
Milton Abbot	Head Teacher: Chris Luxford	Tel. 870273

Diary Dates

May 2016

- 28 LAMERTON COFFEE MORNING, Lamerton Community Centre, 10.30 - 12.00
- 28 MILTON ABBOT VILLAGE COFFEE MORNING, Village Hall, 10.30 - 12.00
- 31 LAMERTON BINGO, Lamerton Community Centre, 8.00pm

June 2016

- 4 MILTON ABBOT VILLAGE COFFEE MORNING, Village Hall, 10.30 - 12.00
- 10 Coombe sculpture garden first opens, 11am - 5.00pm
- 11 MILTON ABBOT VILLAGE COFFEE MORNING, Village Hall, 10.30 - 12.00
- 11 **NO COFFEE MORNING, LAMERTON**
- 11 QUEEN'S BIRTHDAY PARTY, LAMERTON Community Centre 1.00pm - 11.00pm
- 14 LAMERTON BINGO, Lamerton Community Centre, 8.00pm
- 14 MAGAZINE DEADLINE, for July/August double issue
- 18 MILTON ABBOT VILLAGE COFFEE MORNING, Village Hall, 10.30 - 12.00
- 25 LAMERTON COFFEE MORNING, Lamerton Community Centre, 10.30 - 12.00
- 25 MILTON ABBOT VILLAGE COFFEE MORNING, Village Hall, 10.30 - 12.00
- 25 VICAR'S TEA PARTY, The Vicarage, Milton Abbot 1.00pm - 5.00pm
- 25 STRAWBERRIES AND PIMMS, Park House, Coryton, from 3.00pm
- 26 MARYSTOWE TRACTOR RUN AND FETE, for Queen's birthday, 10.30 - 4.00pm
- 28 LAMERTON BINGO, Lamerton Community Centre, 8.00pm
- 28 LAMERTON + SYDENHAM DAMEREL PCC, Priest's Room, 7.30pm

July 2016

- 1 MESSY CHURCH, ST PETERS LAMERTON, 3.30 - 5.30pm
- 2 MILTON ABBOT VILLAGE COFFEE MORNING, Village Hall, 10.30 - 12.00
- 2 GUITAR CONCERT, COOMBE GARDEN, 7.00pm
- 9 MILTON ABBOT VILLAGE COFFEE MORNING, Village Hall, 10.30 - 12.00
- 9 LAMERTON COFFEE MORNING, Lamerton Community Centre, 10.30 - 12.00

***June church services are on the back cover;
Bible Readings are on page 8
For services in the Lifton Benefice, see page 20***

A Journey through the Bible with Tiglath.

83.The Book of Proverbs, Chapters 1 - 4



The 31 chapters of this book are very interesting, consisting of pithy sayings and moral advice for the young. Much of the Book is attributed to Solomon, who was noted for his wisdom, and some of the Book was written after the exile, 593 BCE. The Book is in poetic form and tells us how to manage our lives and also tells us the purpose of life and the wisdom of Godly living. The Book has five main themes: wisdom, relationships, speech, work and success. We shall travel through the Book chapter by chapter and I will point out and perhaps comment on sayings which interest me.

Chapter 1. Verses 1, 2 tell us the purpose of the Proverbs, namely 'to know wisdom and instruction and to perceive the words of understanding.' Verse 7 is very famous: 'The fear of the Lord is the beginning of knowledge (wisdom).' Verses 10 to 18 advise young people not to be led astray by sinners. Verses 25 to 33 tell what happens when we hate knowledge and do not choose the fear of the Lord. The word 'fear' here means reverence.

Chapter 2. Verses 2 to 12 advise us to seek after wisdom: 'Thou shalt understand righteousness and judgement and every good path'. Verses 13 to 19, 22 tell what happens to us when we rejoice and do evil.

Chapter 3. Verse 3 has this beautiful instruction: 'Let not mercy and truth forsake thee: bind them about thy neck; write them upon the table of thine heart.' How often do we find a lack of mercy e.g. among terrorists. Do read and ponder on verses 13 to 26 which stress the joy of seeking wisdom. Verse 35: 'The wise shall inherit glory, but shame shall be the promotion of fools.'

Chapter 4. In the beginning of this chapter Solomon tells us how his father instructed him: 'he taught me also and said unto me: Let thine heart retain my words; keep my commandments and live.'

As we read through Proverbs we realise what a recipe it is for living a really worthwhile life, whether we are Christians or not. When I was a housemaster I did a lot of work on careers with my pupils. Some police officers came from London who were seeking to recruit pupils who had some 'O levels in common sense.' I knew exactly what they meant. One can often substitute the words 'common sense' for wisdom.

Now that we have learned some of the teaching and advice of the Book of Proverbs I hope you will join me next time on this most interesting section of our journey.

Paul's 1st and 2nd Epistles to the Thessalonians



Thessalonica is the capital city of the Roman province of Macedonia and is located on the main route between Italy.

In eastern Macedonia there was a busy seaport with a population of about 200,000. The church there had been founded by Paul and Silas, although Paul had begun his ministry in the city synagogue - winning over some of his Jewish hearers and God fearing gentiles. He had to flee the city because of opposition *Acts 17:1-9*. The first Thessalonian epistle therefore seems to have been written from Corinth and records the sending of Timothy back to Thessalonica with an encouraging report of the faith of the church there *Acts 3:6-13*.

The dominant theme of both of the epistles is the second coming of Christ and its implications for Christian living. Paul assures his readers that believers who had already died will not be denied eternal life but will be raised at the second coming:

'brothers we do not want you to be ignorant about those who fall asleep.....We believe that Jesus died and rose again and that God will bring with Jesus those who have fallen asleep in Him' 1 Thess. 4:13,14

In his second letter Paul teaches about divine judgement, which will happen at Christ's second coming:

'...this will be revealed when the Lord Jesus comes from heaven in blazing fire with His angels' 2 Thess.1: 6

Whereas the first epistle proclaimed the resurrection of the righteous from the dead, the emphasis of the second epistle is to retain the faith, free from idleness and the deception of others, as believers await the second coming. This is an important teaching, still relevant nearly 2000 years later, as we today await the return of Christ.



Ian Silcox



The Rural Pulpit

'If any man will come after me, let him deny himself, and take up his cross daily, and follow me.' Luke, 9.23

God bless you all

Geoff Willetts

The Rectory, Lifton 01566 784228

Dear Friends,

REMAIN ... OR LEAVE...?
or, to be more precise;
TO BE IN THE EU OR OUT OF THE EU ...?
THAT IS THE QUESTION!

It surely cannot have escaped anyone's attention that this is the question we are being asked to consider and which will be the subject of a National referendum on the 23rd. June.

Not a day goes by without members of both the "Remain" and the "Leave" campaigns offering their opinions and suggesting which way we should cast our vote.

Talking with a friend recently, he wondered if we are sufficiently qualified to vote at all – the issue of our membership of the EU is complex and perhaps most of us have inadequate knowledge of the true facts and what our future might look like whether we choose to remain in the EU or to leave. He has a point...! Speakers and writers from every area of public life are giving us their opinions on the future of Britain whether it remains in the EU or chooses to leave – subjects including trade, finance, security, immigration, jobs, fisheries, agriculture, industry and more fill the media. Opinions are divided – and for every argument put forward by one side a counter-argument is provided by the other.

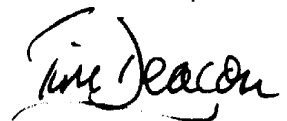
I was hoping that by now we might have been provided with *comprehensive* and *positive* information and guidance on the merits of either remaining in or leaving the EU – but it seems to me that all we are getting is negative (in some cases, even 'apocalyptic') images of the future either in or out of the EU! None of this is particularly helpful as we approach the day of the Referendum and our response to the question. In the final analysis it will probably be our own feelings, experiences and opinions that will govern the way we vote.

Whatever our decision – we must cast our vote on the 23rd. June. It is our (hard-fought for) democratic right to express our opinion in this way. It is also the virtue of democracy that if the vote doesn't go the way we hoped we shall still live and work and worship with those who voted differently.

It would be entirely wrong of me to tell you which way to vote, and inappropriate of me to tell you how I shall be voting myself. All I can suggest is that we would do well to make this whole question the subject of our prayers and seek to discern the Lord's guidance in what is clearly a momentous question being asked of us all.

I wish you every blessing as you come to your decision, in the confidence that the Lord who is the Way, the Truth and the Life will enable and inspire us to live with the consequences of whatever decision is reached through the Referendum.

Offering you my prayers and God's blessing



Reservation of Grave Space or Cremation Plot

A notice from the Vicar.

If any persons believe that they may have reserved a grave space or cremation plot, but are not in possession of a form called a '**Faculty**', could you please contact the Vicar immediately.

No verbal agreements with past Vicars/Church Wardens can or will be honoured. It is therefore of the upmost importance that you contact Rev Andy Atkins.

Tel 01822 870298

Dunterton Church Service

Holy Communion Service at Dunterton

10.00am on Sunday 19 June

Theme - 'Plants and Gardens'



South Tamar
Mission Community

Our New Church Web Site

The churches of Milton Abbot, Dunterton, Lamerton, Sydenham Damerel, Marystowe and Coryton now have a brand new website.

Details of services and events can be found on the website:

<http://www.southtamar.church>

Lamerton with Sydenham Damerel PCC Meeting

Tuesday 28th June

7.30pm in the Priest's Room, Lamerton

All parishioners are welcome to attend

BIBLE READINGS (Year C)

Please use the readings published in the Parish Magazine and your own bibles.

DATE	1 ST READING	2 ND READING	GOSPEL
29th May 1st Sunday after Trinity (Green)	1 Kings 8: 22 - 23, 41 - 43	Galatians 1: 1 - 12	Luke 7: 1 - 10
5th June 2nd Sunday after Trinity (Green)	1 Kings 17: 17 - 24	Galatians 1: 11 - 24	Luke 7: 11 - 17
12th June 3rd Sunday after Trinity (Green)	2 Samuel 11:26 - 12:10, 13 - 15	Galatians 2:15 - 21	Luke 7: 36 - 8:3
19th June 4th Sunday after Trinity (Green)	Isaiah 65: 1 - 9	Galatians 3: 23 - 29	Luke 8: 26 - 39
26th June 5th Sunday after Trinity (Green)	1 Kings 19: 15,16, 19 - 21	Galatians 5:1, 13 - 25	Luke 9: 51 - 62
3rd July Thomas the Apostle (Red)	Habakkuk 2: 1 - 4	Ephesians 2: 19 - 22	John 20: 24 - 29

The readings are ended with *'This is the Word of the Lord'* (used during services of HC) or, during other services *'Here ends the lesson (or 1st reading or 2nd reading)'*.
The response is *'Thanks be to God'*.



at St Peter's Church, Lamerton

Crafts • Games • Stories • Drink
A Meal • Fun • Family Time

This is a free event but donations are welcome

Friday 1st July - 'Our
Community'

3:30pm - 5:30pm

for all the family

Children must be accompanied by an adult

next date: Friday 7th October - 'Light up the Darkness'

Contact Rev. Andy on: 01822 870298



A CHILD'S FOOTSTEPS TO FAITH

Go and Tell

What do you do when someone does something nice for you? Well, the most important thing you should do when someone does something nice for you is to say, "Thank you." At our house, we always keep a good supply of thank you cards so that we will not forget. I hope you will always remember to say, "Thank you" when someone does something nice for you. Another thing you should do is to tell others about the nice things that person has done for you.

Jesus spent his life on earth doing good things for people. He was loving, kind, and compassionate. The Bible tells us that he came not to be served, but to serve others and to give his life for them. Wherever Jesus went, he healed the sick and the lame. He gave sight to the blind and hearing to the deaf. Why, he even raised some from the dead! Sometimes the people remembered to say, "Thank you" and sometimes they forgot.



**Thank
You!!!**

In our Bible lesson today, Jesus met a man who was controlled by evil spirits. He had not worn clothes for a long time and he did not live in a house, but spent his days and nights roaming among the tombs and in the mountains. People in the town where he lived were afraid of him and tried to bind him with chains, but he was so strong that he broke the chains.

Jesus saw that the man was tormented and he felt compassion for him. There was a large herd of pigs on the hillside nearby, so Jesus let the evil spirits enter into the pigs, and the entire herd ran into the lake and drowned.

After Jesus freed the man from the evil spirits, he was like a different person. People saw the man sitting at Jesus' feet, fully clothed and speaking calmly. He was so happy that he wanted to go with Jesus and follow him wherever he went, but Jesus told the man to go back to his home and tell everyone what God had done

for him. The Bible tells us that the man went back and told all the people in the city what great things Jesus had done for him.

You and I should always remember to give thanks for all that Jesus has done for us. The greatest gift we have ever received is the gift of eternal life. Jesus made this gift possible by his death on the cross. We should also tell others what he has done for us so that they might come to know that he loves them too.

Our Father, we thank you for all that you have done for us. We are especially thankful for the gift of eternal life through Jesus Christ, your son. Help us to always show our gratitude and tell others how much you have done for us. In Jesus' name we pray. Amen.

Go and Tell

"Return home and tell how much God has done for you." So the man went away and told all over town how much Jesus had done for him. Luke 8:39 (NIV)

Each number represents a letter of the alphabet. Substitute the correct letter for the numbers to reveal the coded words.



A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26

- 7-1-12-9-12-5-5 _____
- 4-5-13-15-14 _____
- 18-5-20-21-18-14 _____
- 3-8-1-9-14-5-4 _____
- 4-18-15-23-14-5-4 _____
- 16-9-7-19 _____
- 8-15-13-5 _____
- 2-18-15-11-5-14 _____
- 8-5-18-4 _____
- 20-15-12-4 _____



Lamerton Celebrates the Queen's 90th Birthday

Please join us at the Community Centre
Saturday 11th June 2016 from 1-11pm

Picnic Lunch 1 pm
Bring your own

2 pm Sports for All

Tea and Cake 3 - 5 pm

Crown Competitions

Kids - 7 and under/Over 7

Ice Creams 3.30 pm

4 pm "Magic Martin"

Disco/Karoake 5 - 8 pm

6 - 11 pm Local Bar

Hog Roast £2.50 From 6.30 pm

Live Music "The Renegades" 8 - 11 pm





MARYSTOWE TRACTOR RUN & FETE
CELEBRATING THE
QUEEN'S 90th BIRTHDAY

At Marystowe Church, Chillaton, PL16 0JA

IN AID OF MARYSTOWE CHURCH & DEVON AIR AMBULANCE

SUNDAY 26TH JUNE

10.30am – 4.00pm

Tractor run departs 11am return approx. 1.30pm,
 Face Painting from 12pm, Children's Fancy Dress & Crown/Hat Parade 2.30pm.
 Vintage & Classic Cars, Photographic Exhibition,
 Children's Photo Competition
 Bouncy Castle for all ages, Cake, book and plant stalls etc.,
 Chillaton Village Archive,
 Flower Exhibition and Refreshments all day

Enquiries for stalls, competition schedule: margaret-dunn@btconnect.com

01566 783779



WINE TASTING QUIZ -



Super Fun for all
 July 22nd
 7.30pm at
 Lamerton Village Hall

Teams of 6

Wine, bread, cheese and nibbles
 (soft drinks available for non-toppers)

Can your team tell which wine they are tasting from
 descriptions given by our panel of 'experts'?

Would the experts lie to you??

Tickets **£7.50** from Annie and Mike, 01822 614178

Fund raising event for St. Peter's Church, Lamerton



Strawberry & Pimms

Afternoon Tea

Open Garden

Saturday 25th June

at Park House, Coryton from 3pm

In aid of the Lamerton Hunt and Send a Cow

**Tickets in advance please, £10 per head from
 Roger Jennings 01822 860275**





‘Cash in the Attic’

Quality Bric-a-Brac and Crafts
Milton Abbot Church

Saturday 16th July
10am - 1.00pm
Refreshments, raffle



Table bookings £10
call Sandra to book 01822 870218



Vicar's Tea Party!



All Welcome
Saturday 25th June
1pm – 5pm

Pop in for cake mmm..... and a chat

The Vicarage, The Parade, Milton Abbot, PL19 0NZ

Answers to Children's puzzle

DROWNED
HERD

CHAINED
TOLD

GALILEE
HOME

BROKEN
PIGS

DEMON
RETURN



Nature Notes by Bluebell - June 2016

Ever at this time in late May, Bluebell watches the white petals of cherry blossom drift through the air to the green grass below, their light fall intercepted by little birds swinging across the lawn. Stillness fills her heart and these lovely lines fill her head!

*"Brightness falls from the air;
Queens have died young and fair;"*

Thomas Nashe; 1567-1601; In Time of Pestilence

A new miracle occurs every day in May.. a new bud unfurls, new blossoms seem to open every hour, the bluebells are wonderful, in the woods a blue haze of beauty, the chestnut candles, stitchwort, orchids, pink campion, white cow parsley, violets, primroses, ferns, daisies...Bluebell totally agrees with John Clare, who wrote in *'The Shepherd's Calendar'*:

*My wild field catalogue of flowers
Grows in my rhymes as thick as showers
Tedious and long as they may be
To some, they never weary me.*



Queen European Hornets, *Vespa crabro*, are now emerging. Lone survivor of the winter hibernation, she may sometimes be found in the house, looking for the right spot to begin building the new nest colony. The nests are made of chewed up wood pulp, like papier mache. The study of wasp and hornet nests led man first to discover the way to make paper, by mashing up cellulose from plants. Scraped lines can be seen on wooden beams where hornets have removed a layer of wood. She starts with hexagonal cells which are swathed with envelopes, irregular looped bands with pockets. They hang upside down in darkness. She lays an egg in each cell, glued within. A tiny crystal is attached to the roof of each cell, perhaps to help orientation. The crystals vibrate if the ground shakes. The first eggs pupate, metamorphose and hatch to become infertile female workers who continue to build and look after the nest. Later in summer the queen produces reproductive individuals, new queens, and drones or males. They fly and mate in late summer. The males die, with the rest of the colony in autumn, except a few new mated queens. Hornet stings are extremely painful, they are used to kill prey and defend hives. The creatures are frightening, though not usually aggressive, queens being about two inches long, with a loud, deep buzz. One sting does not usually kill a human unless an allergic reaction occurs, or a lot of hornets attack. The sting can be used repeatedly, having no barb. If you find one in the house, it can be caught in a shrimping net, or on a piece of stiff paper under a glass tumbler, and released outside. Advice is to keep well away from nests.



*"He prayeth well, who loveth well
Both man and bird and beast.
He prayeth best, who loveth best
All things both great and small;
For the dear God who loveth us,
He made and loveth all."*

Samuel Taylor Coleridge; 1772-1834; The Ancient Mariner

Even hornets and wasps!



GARDEN NOTES BY 'DIGGER'

I sometimes think that we gardeners don't realise what is happening to the British climate. In a few words, it is becoming warmer. This can make quite a difference to what we grow. French wine producers in the north of their country are aware of what is going on across the English Channel, as they see our wine producers growing grapes from which they are winning awards in international competitions. I have written this because on my last holiday in eastern France I was interested to notice how many gardens, large and small, had rows of vines – even training some to grow on border fences. Grapes grow very well in our area e.g. there is a vineyard at Lewdown. If your site gets plenty of sunlight and is well drained why not have a go? Vines are on sale at some local nurseries. There are books available to describe vine growing in England. They will also tell you what varieties grow well here. What a thrill to offer your friends a glass of wine produced from your own, mini vineyard. We are thinking of planting some vines in the grounds of my nursing home. The gardener is coming to see me about it this week.



My window ledge and table are covered with plants and containers growing seedlings. Some of the staff are very interested and like to help with watering etc. Some wish to learn about growing plants from seeds.

This is the month for planting leeks. When we were kept indoors by snow and ice in the hard winters of years ago leeks were a godsend. I've even dug them out of frozen ground with a pick-axe. They have to be planted in individual holes and just watered in. At this time I also used to sow a few seeds of my favourite flowers into deep seed trays where they could grow into sturdy plants for placing in the garden in September.



These are some of my favourites: wallflowers, Sweet Williams, Canterbury Bells, fox gloves, pansies and poppies.

A date for your diaries.....

Friday 14th October
Valley Voices Concert
Milton Abbot Church



coombe sculpture garden

featuring paul vanstone sculptures

OPEN FROM JUNE 10TH - 3RD JULY
FRIDAY, SATURDAY, SUNDAYS only
11am until 5pm

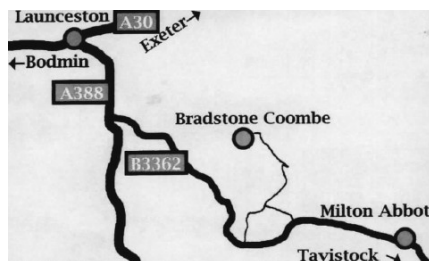
You will find us deep into glorious West Devon. As well as beautiful sculptures in a stunning garden we provide delicious home-made lunches and afternoon teas.

Admission £4; children free

All proceeds to local charities and good causes

Bradstone Coombe, Bradstone
Near Milton Abbot, PL19 0QS
01822 870208

gv@stoneventures.co.uk
www.coombesculpturegarden.co.uk



Private viewings for sculpture purchasers by appointment

Guitar Concert

Local singer and guitarist

Gareth Hedges

will perform at **Coombe Sculpture Garden**

on

Saturday, 2nd July, 7.00pm

Tickets £10

Tel: 01822 870208

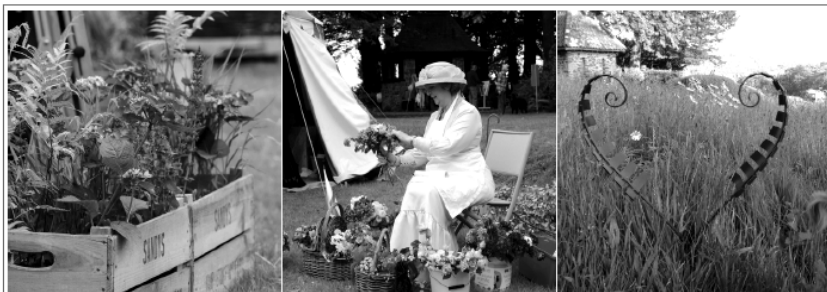


Coombe Trenchard HOME & GARDEN SHOW 2016

4th & 5th June 2016
10am - 5pm



Set in the stunning gardens of this lovely
Edwardian Arts & Crafts Country House on the edge of Dartmoor,
the show will bring together ideas for both Home & Garden with
producers and makers from throughout the South West.



Garden Admission £5.00 | Children under 14 free | Dogs on lead welcome

DEVONLIFE
CORNWALL LIFE

Coombe Trenchard, Lewtrenchard, Devon, EX20 4PW
www.coombetrenchard.co.uk 01566 783179

 children's hospice
SOUTH WEST
Registered Charity No. 800314

WORSHIP IN THE LIFTON BENEFICE

St.Mary, Lifton. St.Nicholas, Broadwoodwidge. St.Peter, Lewtrenchard
St.Mary, Kelly. St.John the Baptist, Stowford. St.George, Thrushelton

Holy Communion every Wednesday, 10.30am at St.Mary's, Lifton

JUNE 2016

	9.45am unless stated different	11.15am unless stated different
5th. June Trinity 2	<u>10.00am</u> "Together at Ten" at <u>STOWFORD CHURCH</u> Communion for the whole Benefice	
12th Trinity 3	Lifton - Morning Prayer Thrushelton - Holy Communion	Kelly - Morning Prayer Lewtrenchard - Holy Communion
19th Trinity 4	Lifton - Holy Communion	Broadwood - Holy Communion Stowford - Holy Communion
26th Trinity 5	Lifton - Holy Communion Thrushelton - Morning Prayer	Lewtrenchard - Holy Communion

JULY 2016

3rd. July Trinity 6	<u>10.00am</u> "Together at Ten" at <u>KELLY CHURCH</u> Communion for the whole Benefice	
	9.45am unless different	11.15am unless different
10th Trinity 7	Lifton - Holy Communion Thrushelton - Holy Communion	Lewtrenchard - Holy Communion Broadwood - Holy Communion
17th Trinity 8	Lifton - Morning Prayer Kelly - Holy Communion	Stowford - Holy Communion

Lamerton Women's Institute

Meetings are at Lamerton Sports and Community Centre, 2.00pm

7 June 'Church carvings', with Todd Gray

5 July 'Russia and the West', with Catherine Deynikh-Smith

New members are very welcome

Chillaton Women's Institute

Meet every 3rd Wednesday at the School Room Marystowe Church at 2.00pm
Come and join us. Call Iris Griffiths 01822 860483 for information

NEW MEMBERS WELCOME

HOTEL ENDSLEIGH GARDENS OPEN DAY

Milton Abbot Church PCC would like to extend a huge thank you to Hotel Endsleigh for their enormous generosity in allowing us to hold our church fundraiser again. This annual event is proving to be very popular and one which helps to boost much needed funds for the maintenance of the church.

We also would like to say a big thank you to all the businesses who have given us raffle prizes, those who donated money and most importantly to all of you who came along to support us and to all those who helped us run the event. With this great continued support we have raised a profit of over **£1,700** for Milton Abbot Church.



Thank you again.

Pat Lovell

Milton Abbot Church PCC

Charles Causley Festival 2016 **Gwynngala**



www.artofgwynngala.co.uk

EXHIBITION

Friday 3rd June 2pm - late

Sat 4th & Sun 5th June 10.30am - late

Paintings-Sculptures-Textiles-Pottery-Jewellery-Photography



Meet the Artists 5 - 7pm Friday 3rd June

Launceston Town Hall
Otho Peter Room

FLOWER FESTIVAL

2016



ST. BRIDGET'S CHURCH **BRIDESTOWE**

EX20 4EL

"The Queen's 90th Birthday"

From Friday July 1st.

To Sunday July 3rd.

10.30 - 5.00 daily

Refreshments, Cake Stall, Raffle.

Celebration Service

Sunday, July 3rd.

6.30 p.m.



The
RACEHORSE
INN



*A gastro-pub, with
rooms, on the eastern
edge of Bodmin Moor*



**Open every day for
Lunch and Dinner**

01566 786916 (after midday)

• North Hill Village PL15 7PQ

www.racehorseinn.co.uk

www.facebook.com/racehorseinn.launceston

email: info@racehorseinn.co.uk



R Mears & Sons

Chimney Sweeps & Stove Installation

Established over 30 years

Vac Brush. Full CCTV investigations.

Pots, Cowlings & Bird Protection fitted. Chimneys Lined.

Solid Fuel Appliances, Rayburns, Woodburners,
Stoves, etc serviced. Fully Insured.

Tel: 01840 261221 Tavistock: 01822 664554

Mob: 07737 533392

www.sweepdevon.com



Doors • Staircases • Conservatories • Kitchens • Cut roofs •
Windows • Sash Windows • External bi-fold doors •
Machining service available.

Bespoke joinery for completely unique pieces.

Steve Hunt

01566 783228

07974799062

www.shjoinery.com

SOUTH WEST WILLS & PROBATE

Fast, efficient Will writing service; home visits; Will storage

Also:

LASTING POWER OF ATTORNEY(S) LIVING WILLS

Contact Robert Cumming

01822 860281 / 07958 669541



Robert Cumming is a Member of the Society of Will Writers and Estate Planning Practitioners and complies with its Code of Conduct. www.willwriters.com/codeofpractice.html



Harvey Benfield

WINDOWS DOORS SUNROOMS STAIRS - IN TIMBER & GLASS

- Specialist Joinery Services with *17 years experience* in Devon & Cornwall
- Friendly advice on your renovation projects
- Local craftsmen | Ten Year Guarantee
- Re-coating not required for 8 years stain or 10 years with paint finish
- *Made with care in Cornwall* - testimonials available!

Unit 1 Platts Yard | Quarry Crescent | Pennygilliam Industrial Estate
Launceston PL15 7PF



Contact Us:

harveybenfield@fiscali.co.uk
www.harveybenfield.co.uk

Tel: **01566 776060**

TAVISTOCK PHYSIO CLINICS

Lamerton
Tavistock
Devon PL19 8QA

PHYSIOTHERAPY MAY HELP WITH: Pain

Back and neck injuries
Headaches
Muscle and joint problems
Arthritis and rheumatism
Sports injuries
Recent and longstanding injuries

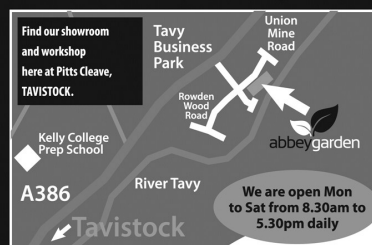
HALF PRICE ACUPUNCTURE SESSIONS
1st Tuesday of each month

**Gift vouchers available for
physiotherapy or massage sessions.**

Clinics at Tavistock and Lamerton
Tel: 01822 617722
www.tavistockphysio.co.uk
Find us on Facebook

Your Local

**Garden machinery and tool supplier
for garden enthusiasts and professionals.**



**Trained Service
Personnel**

Great Brands

Safety Wear

Service Kits

Repair

Hire



abbeygarden

the garden machinery people

Tavistock 01822 614 053

Plymouth 01752 787 849

www.abbeygardensales.co.uk



Walter C. Parson Funeral Directors

**Continuing the expectations of families who
place their trust in us, for a truly personal
and professional service built on tradition.**

The Stables
32 West Street, Tavistock PL19 8JY
Tel: (01822) 617300 24 hour service

wcpltd.com

For all the information you may need

An Independent Family Owned Business

Offices also at
Crownhill, Plympton, St. Judes, Ivybridge
Saltash, Torpoint, Newton Abbot & Torquay

CAROLINE HARRIS MIA B Bookkeeping Services

www.cmhbooking.co.uk

- . Bookkeeping
- . Accounts preparation
- . VAT
- . Self assessment
- . Secretarial services
- . Many years office and
business experience



Tel: 01566 783 502

Mob: 07866 953708

Email: cmhbookkeeping@btinternet.com

The Old Chapel . Portgate Hill . Lewdown . Okehampton . EX20 4PX

Camplehaye Residential Home

Lamerton

Near Tavistock, Devon, PL19 8QD



A fine Victorian house with modern additions and specialist facilities, set in beautiful gardens, in rural West Devon.

We offer the elderly a caring and homely environment, with the reassurance of 24 hour professional care, including specialist dementia care. Camplehaye is available for full residential living or respite and day care.

All our rooms have en-suite facilities and are furnished to a high standard with some having direct access to our large, sunny courtyard. We would be delighted to show you around Camplehaye and for you to meet and talk with our residents and staff.

Tel: 01822 612014/616583

www.avenscarehomes.co.uk

admin@camplehaye.co.uk

moorland fuels
part of your landscape

**Your Local Dartmoor
Supplier**

**01837
55700**

- Heating Oil and Tractor Diesel
- Oil Tank Cleaning
- Boiler Servicing
- Coal
- Oil Tank Replacement and Installation



Moorlands House, North Rd. Okehampton, EX20 1BQ

www.moorlandfuels.co.uk



Yelverton Television Services t/a

Yeltv.co.uk

Get a clearer picture

Email: enquiries@yeltv.co.uk

Tel: 01822 854386

Mob: 07725553804

Aerial & Satellite installations
Rentals - Sales - Service
Keeping it local!

Memorials and Renovations of all descriptions

**E. PASCOE & SON
MONUMENTAL MASONS**

FIVE ACRES, GULWORTHY
TAVISTOCK PL19 8HZ

TEL : 01822 832320 or 01822 613749

ESTIMATES GIVEN

**FOR YOUR SILAGE, BEET, MAIZE
DRILLING & HARVESTING, HEDGE TRIMMING,
DIGGER WORK WITH A 4WD JCB contact**

**WINDEMER CONTRACTORS
Townlake - 01822 870264**



WesternWeb

Computer Services

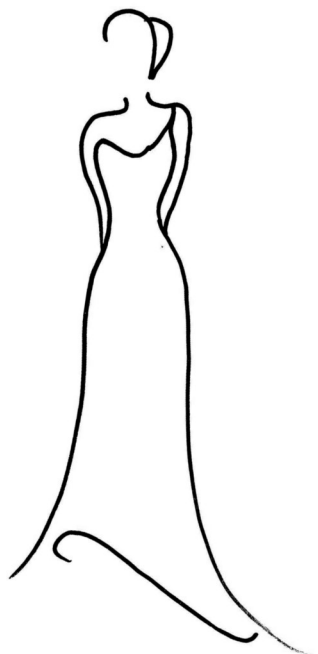
Tel: 01822 870269

Your local service for:

- Computer sales, upgrades and repairs
- Broadband and wireless network installations
- Websites, webcams, brochures and business stationery

barry@westernweb.co.uk

www.westernweb.co.uk



Lowen Bridal

12 Church Street, Launceston

Wedding Gowns

Bridesmaids' Dresses

Prom Dresses

*Discover these and much, much more in our
beautiful, relaxed shop.*

www.lowenbridal.co.uk ~ Tel: 01566 778989

**citizens
advice**

Citizens Advice

the charity for your community

The Citizens Advice bureau in Tavistock is now open **3 days a week**. Do drop in for help and information with debt, benefits, housing, consumer issues and any other problems you may have.

Tavistock Bureau

Kingdon House, North Street
Tavistock PL19 0AN

Mondays: 10.00am - 12.00

Wednesdays: 10.00am - 3.00pm

Fridays: 10.00am - 3.00pm

or 'phone **Devon Adviceline**

03444 111444

Mon to Fri 9.30am - 4.30pm

Charity Number 1068496

Tom Brittan

Building and Landscaping



Local, friendly and reliable builder who is fully insured.

- * House Maintenance & Renovations
- * General Building
- * Roofing
- * Masonry
- * Groundworks
- * Landscaping
- * Fencing
- * Digger work and hire
- * American Barns & Stable Blocks

Call to discuss any work you require!

Tel. 01822 834239

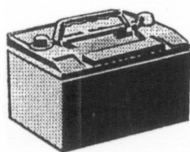
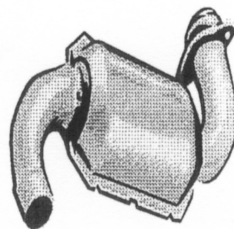
Mob. 07968 839708

www.tombrittan.co.uk

BLUE EDGE

MOTORING SERVICES

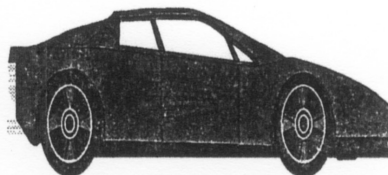
**M.O.T'S – TYRES – EXHAUSTS
SERVICING
ELECTRICAL FAULTS**



CAR SALES

**BEARINGS – SEALS – CHAINS
SPROCKETS – BELTS**

Proprietor
Andy Kemp
Dunterton, Milton Abbot



**Newport Industrial Estate, Launceston,
Cornwall PL15 8EX**



**Tel: (01566) 775343/774066
Fax: (01566) 773471
Mobile: 07771 803615**

Unlock the history of your land

FREE Insured detectorist surveys undertaken

- What activities were happening on your land in past centuries?
- Help to find your lost tools and valuables.
- Location of metal objects that may be hazardous to livestock.
- 100% of all finds reported to the landowner.
- References available on request.

Free searches in full compliance with the NCMD Code of Conduct



Guy Massey

01822 611444

email: detectingsurveys@yahoo.co.uk

Member of
South Hams Metal Detecting Club

"A responsible metal detectorist with a love of the countryside and local history"

Organised searches of your land to raise funds for local good causes can be also be arranged.

Extract from the NCMD Code of Conduct

The searcher enters the land at the searcher's own risk.

The searcher shall report all worthwhile finds to the landowner within a reasonable time of being found in accordance with the landowners wishes.

The searcher shall report any bombs, missiles, live ammunition or human remains discovered, to the landowner and to the police.

Archaeological discoveries will be reported to the landowner in the first instance. The information will then be passed on to the Portable Antiquities Scheme, local museum or archaeological body **providing the landowner agrees.**

Potential treasure discoveries will be reported to the landowner in the first instance providing this can be achieved within fourteen days. In any event the Coroner will be informed within fourteen days as prescribed by The Treasure Act.

All finds (or the value thereof) and treasure awards will be shared equally between the searcher and landowner.

The searcher shall take great care to: work tidily, avoid hindrance to the working of the land and avoid damage to the landowner's, property, animals or crops.



OFTEC REGISTERED
C8240

SAM ALLUM **Boiler Maintenance**

Call: 01822 610 668 Mobile: 07832 024 948
Email: samallum@gmail.com

FOR SERVICING AND BREAKDOWN OF OIL BOILERS

Competitive Rates
Friendly, helpful and efficient
Call now for a quote



E N D S L E I G H G A R D E N S

WHERE BEAUTIFUL TREES AND SHRUBS

01822 870235

COME FROM



Photography by Maggie McCall
Weddings, Portraits, Special Occasions, Brochures.

At home or on location, any way you want.

Tel: 01822 870221, www.maggiemccall.com, email: mccallmaggie@aol.com



Tel 01822 870214

The Royal Inn

Horsebridge

Nr. Tavistock

15th Century Coaching Inn

HOME-COOKED FOOD

REAL ALES

OPEN 12 noon - 3 pm
7 pm - 11 pm



01822 870362

**SALES OF COMPACT TRACTORS & MACHINERY
AND REPAIRS TO FARM MACHINERY AND LAND ROVERS**



Gulworthy, Tavistock Devon
PL19 8JN

**The Friendly
Caring KENNELS**
01822 840084

- * Licensed and approved
- * Reasonable and competitive rates
- * Spacious and heated individual kennels
- * Exercised twice daily in our own fields
- * Viewing welcomed
- * Individual diets catered for
- VACCINATIONS ESSENTIAL**

Countryman Cider TRADITIONAL
FARMHOUSE CIDER
Made using local apples

Dry, Medium & Sweet Ciders - and GOLD LABEL Special

FELLDOWNHEAD, MILTON ABBOT, TAVISTOCK. Tel: (01822) 870226



CANNON BARN PODIATRY

Complete Qualified Podiatry & Chiropody Care

Mr Heath Weymouth BSc(Hons) PgDip MChS

Health & Care Professions Council Registered Podiatrist
& Member of the Society of Chiropodists & Podiatrists.

Treatments include: Corns, Callus, Ingrowing & Thickened toenails, Musculoskeletal, Sports injuries, Orthotics and much more. Home visits available.

Contact: 07946-473972

1 Cannon Barn Cottages, Lewdown. Devon. EX20 4BT

Always choose a trained, qualified and registered podiatrist to treat your feet.



Tavy Turf

Pete Badge

01822 610998

07980564175

Growing & Supplying

Turf, Topsoil & Compost

Acres of weed-treated turf all ready to be cut.

All turf is cut fresh then supplied direct to your drive.

Topsoil and Compost dry-stored

Landscaping & Laying

Years of experience in clearing, planning, landscaping lawns and laying turf

Diggers, Stone Buriers, Levellers & Graders

Grass Cutting & Maintaining

Specialist in maintaining large lawns and playing fields.

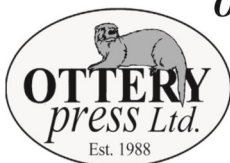
Grass Cutting, Collecting, Disposal & Mulching.

Vegetation Clearance

We only grow professional turf and use specialist machinery

Your Local Printer

Ottery · Tavistock · Devon · PL19 8NR



E-mail: sales@otterypress.co.uk

Web: www.otterypress.co.uk

Tel: (01822) 611444



Specialists in Bespoke & Low Cost Unique Wedding Stationery

*All Business & Personal Stationery including;
Draw Tickets, Booklets, Photocopying,
Full Colour Leaflets, Brochures, Greeting Cards,
Business Cards and Invitations.*

Local Collection & National Delivery ✓
Electronic Files Accepted by E-mail or on Disk ✓

PKF FRANCISCLARK

Chartered accountants & business advisers

For clear guidance on business and
personal financial matters, please contact

Tim Culverhouse

T 01752 301010

pkf-francisclark.co.uk

PKF Francis Clark have offices at:

Exeter | New Forest | Plymouth | Poole | Salisbury | Taunton | Torquay | Truro

Francis Clark LLP is a member firm of the PKF International Limited network of legally independent firms and does not accept any responsibility or liability for the actions or inactions on the part of any other individual member firm or firms.

Morris Bros Funeral Directors

Funeral Directors established in 1870

Your local independent Funeral Director is owned & run by the fifth generation of the Morris Family, Simon & Lucie Luke. We provide a qualified, professional & sensitive service to the people of Tavistock & surrounding areas. Simon & Lucie live on site at The Old Bedford Foundry providing you with a very personal service at all times.

Tel 01822 612023 24 hours

The Old Bedford Foundry, Lakeside, Tavistock PL19 0AZ

Golden Charter Pre Paid Funeral Plans available

www.morrisbros.co.uk

Tavistock Country Bus Service

117 TAVISTOCK - CHILLATON - LAUNCESTON - MILTON ABBOT - TAVISTOCK EVERY TUESDAY

Tavistock Bedford Square	1015	Tavistock Bedford Square	1330
Lamerton School	1023	Tavistock Hospital	1332
Chillaton Square	1035	Lamerton Blacksmith's	1337
Launceston Westgate arr. dep.	1103 1105	Milton Abbot Edgcumbe Arms	1349
Milton Abbot Edgcumbe Arms	1125	Launceston Westgate arr. dep.	1409 1411
Lamerton Blacksmith's	1132	Chillaton Square	1439
Tavistock Hospital	1138	Lamerton School	1450
Tavistock Bedford Square	1140	Tavistock Hospital	1455
		Tavistock, Bedford Square	1457

114 TAVISTOCK-MILTON ABBOT-LAUNCESTON-CHILLATON-TAVISTOCK EVERY THURSDAY

Tavistock Bedford Square	0945	Tavistock Bedford Square	13.30
Tavistock Hospital	0948	Tavistock Hospital	1332
Lamerton Blacksmith's	0954	Lamerton School	1339
Milton Abbot Edgcumbe Arms	1000	Chillaton Square	1348
Launceston Westgate arr. dep.	1020 1023	Launceston Westgate arr. dep.	1413 1415
Chillaton Square	1050	Milton Abbot Edgcumbe Arms	1432
Lamerton School	1101	Lamerton Blacksmith's	1438
Tavistock Hospital	1106	Tavistock Hospital	1444
Tavistock Bedford Square	1109	Tavistock Bedford Square	1446

94 TAVISTOCK - MILTON ABBOT - TAVISTOCK FRIDAYS (except bank holidays)

Tavistock Bus Station	0935	Tavistock Bus Station	1240
Lamerton, Blacksmith's	0943	Lamerton, Village	1247
Milton Abbot Edgcumbe Arms	0950	Milton Abbot Edgcumbe Arms	1255
Lamerton Village	0957	Lamerton Village	1302
Tavistock Bus Station	1005	Tavistock Bus Station	1310



Safeguarding in South Tamar Mission Community

Be safe, not sorry - Report it!

Are you concerned about the well-being or happiness of yourself or someone you know in the community? Whether it is a **child or adult** suffering from any kind of abuse or neglect, do not be shy. Come forward and speak in confidence to people who can help. We offer you a safe place to tell your story and take the matter further.

Contact:

- ◇ **Julie Hibbert**, Safeguarding Representative
01822 618221, safeguarding@southtamar.church
- ◇ **The Rev. Andy Atkins**, Vicar, Milton Abbot Benefice
01822 870298, vicar@southtamar.church

If someone is in immediate danger, call 999

Childline 0800 1111; NSPCC Helpline 0808 800 5000

***To place an advert in the magazine contact
Julie Hibbert, Editor, 01822 618221
or email julie.hibbert3@btinternet.com***

Advertising rates: Advertising for 'one-off' local charities and events is free.
 $\frac{1}{8}$ page: £1.80 per issue - £18 per year $\frac{1}{4}$ page: £3.60 per issue - £36 per year
 $\frac{3}{8}$ page: £5.40 per issue - £54 per year $\frac{1}{2}$ page: £7.20 per issue - £72 per year

New Bus Timetables - see opposite

Please note that some of the bus times of the Tavistock Country Bus Service have changed slightly. Check your usual bus time before travelling.



From the editor's desk ...

Deadline for the July/August issue is Tuesday 14th June 2016

CHURCH SERVICES

June 2016

Day	St Mary M. Sydenham Damerel	St Peter's Lamerton	All Saints' Dunterton	St Constan- tine Milton Abbot	St Mary the Virgin Marystowe	St Andrew's Coryton
Sunday 5th June <i>2nd after Trinity</i>		6.30pm Even- song AA/MJ			9.30am HC CW AA	
Sunday 12th June <i>3rd after Trinity</i>	9.00am HC CW AA			11.00am HC CW M&AS		11.15am Morning Prayer CW AA
Sunday 19th June <i>4th after Trinity</i>		11.00am HC by ext CW IS	10.00am HC BCP AA		9.30am Family Service TBC	
Sunday 26th June <i>5th after Trinity</i>	9.00am Matins BCP ID	9.30am Family Service AA/AJ/MG		11.00am HC CW AA		11.15am HC CW PH
Sunday 3rd July <i>Thomas the Apostle</i>		6.30pm Even- song AA/MJ			9.30am HC CW AA	
Sunday 10th July <i>7th after Trinity</i>	9.00am HC CW AA			11.00am HC CW AA		11.15am Matins BCP PH

BCP – Book of Common Prayer

CW – Common Worship (Modern)